



Seniors Active in Living.

The Wellness Program at
Confederation Seniors Centre.

4585 Albert Street, Burnaby, B. C. V5C 2G6

October 2017

Oct 3rd Intro to Active Rehab

By: Dr. Robert Broomer

Oct 10th fuud (good bye grocery shopping)

Oct 17th Wendy's Day

By: Nurse Next Door

Oct 24th The Fake

By: Gaia

Oct 31st Happy Bones

The official SAIL sponsor

mulberry
parc